

get active • try a new sport • have fun • meet new people



New Age Kurling

New Age Kurling is a new version of the well-known Winter Olympic sport ice curling and can be played indoors. The game can be played sitting or standing, making it an activity anyone can join in with.



Great Chishill Village Hall

Fridays 7:30pm to 9pm

£3 to play

For details please contact:

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www.scambs.gov.uk/newagekurling



makes you feel good • gives you more energy • help you sleep
helps reduce stress • keeps your heart strong • helps weight management