

The Bereavement Journey

This award winning series of films and discussion groups gently guide people bereaved at any time through the most common aspects of grief and bereavement, enabling them to process the implications for themselves and discern next steps. The first six weeks deliberately contain no faith content to enable everyone and anyone to participate. Topics include:

- Attachment, separation and loss
- The impact and pain of bereavement
- Anger and guilt
- Coping with others' reactions
- Adjusting to change
- Delayed and suppressed grief
- Moving forward healthily

The course offers an optional seventh week on faith questions in bereavement, provided from a Christian perspective. Attendance at all 6 main sessions is recommended for maximum benefit.

The course is not counselling – it is run by volunteers. Participants do their own grief work and need to be able to hear other people's stories.

When: Wednesday evenings with a break over half-term: May 7th, 14th, 21st, June 4th, 11th, 18th and optionally 25th. Each evening is 2 hours, from 7.30 – 9.30pm. Arrivals from 7.00pm for refreshments beforehand, although these will also be served during a break.

Where: Chrishall Village Hall (Crawley End, Chrishall, Royston SG8 8QJ).

Cost: to cover the course costs, including a hard copy of the Participant Manual, there is a charge of £35 per person. However, we don't want cost to be a barrier to anyone attending, so bursaries are available for those who cannot pay the full cost.

To book or ask any questions: please contact James Webster (iwp.pariahrector@gmail.com / 07840 329279) or the Church Office

(iwp.pariahoffice@gmail.com / 01763 837272).

Further details of the course can found at:

www.thebereavementjourney.org



The Parish of the
Icknield Way Villages

Sunday 27 April

The Second Sunday of Easter

**9.00am Holy Communion at
St Mary's STRETHALL**

**11.00am Family Holy Communion at
St Nicholas ELMDON**

May

SUNDAY 4

**9.00am Holy Communion at
St Nicholas LITTLE CHISHILL**

**11.00am Café Church at
CHRISHALL VILLAGE HALL**

SUNDAY 11

**9.00am Holy Communion at
Holy Trinity HEYDON**

**11.00am Family Worship with
Holy Communion and Baptism
St Swithun's GREAT CHISHILL**

If you want to donate to parish please see below:

Bank: Barclays

Account name: IWP-Trust Account

Sort Code : 20-73-26

Account number - 40898023

In The Parish of the Icknield Way Villages we seek to be: •
Christ-centred • prayerful • faithful to scripture • loving •
welcoming • accepting all • sharing fellowship
Parish Office contact No. 01763 837272

Web-site: www.icknieldwayparish.blogspot.co.uk

Annual Parochial Church Meeting

*Tuesday 29 April,
7.00pm*



**Holy Trinity Church,
Chrishall**

Everyone is very welcome to
attend and anyone on the
electoral roll can vote.

Please join us at 7pm for refreshments

Harriet's tomato plant sale

When the weather is good the stall will be out.
Look out for signage on Hall Lane, Great Chishill
Proceeds to the Chishill Children's Playground
Fund.

THE Big Street Sale

Great Chishill / Heydon / Chrishall Have a spring
clean and either sell or free cycle your goods
from your driveway or closest pavement. The
date is 18th May 10-2pm. please contact Sarah
Scott on 07891313584 asap

Khandel Light Marathon

Please support veteran runner, Bridget Gough
(an indefatigable almost 70) and sons, Will and
James, along with three other valiant runners.
Help them to smash all previous years funds
raised by donating asap. Search: Khandel Light
marathon. This brilliant local charity is 25 this
year.

Church Mice Return!

We are delighted to announce the return of
Church Mice from 3 June! If you have pre
school children at home, then your Tuesday
mornings are about to be filled with fun. Come
to Chrishall Village Hall where there'll be a
warm welcome and drinks and snacks for
everyone. You and your little ones can enjoy
meeting friends, old and new, playing, singing,
listening to Bible stories and doing some craft
activities designed especially for them

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